

Venous Health history Form

To our potential varicose vein surgery patients:

Your insurance company may require the question and criteria below to be met before authorization can be considered or approved for varicose vein surgery. Please read this carefully and complete fully. Thank you.

Patient Name (print): _____

Date of Birth: _____

1. What are your symptoms/problems? (Circle all that apply) () Mild () Moderate () Severe

- | | | | | | |
|---|-----|----|--|-----|----|
| Leg pain/discomfort | yes | no | | | |
| Phlebitis (swelling of vein caused by a blood clot) | yes | no | Do you have pain with meal preparation? | Yes | no |
| Recurrent (more than once) | yes | no | Do you have pain with household chores? | Yes | no |
| Bleeding Varicose Veins | yes | no | Do you have pain while grocery shopping? | Yes | no |
| Ulcers or open sores | yes | no | Do you have pain with bending/squatting? | Yes | no |
| Itching over the varicose veins | yes | no | Do you stand for long periods of time? | Yes | no |
| Heaviness or aching in the legs | yes | no | Do you sit for long periods of time? | Yes | no |
| Burning sensation in legs | yes | no | Do you have pain with exercise? | Yes | no |
| Veins that have spontaneously ruptured leaving a large bruise | yes | no | | | |
| Brown pigmentation changes around the ankle and lower leg | yes | no | | | |

2. What conservative measures have you taken to alleviate symptoms? (Circle all that apply)

- | | | | | | |
|---------------|-----|----|---------------------------------|-----|----|
| Leg Elevation | yes | no | Over the counter pain relievers | yes | no |
| Exercise | yes | no | Weight loss | yes | no |

3. Are you allergic to the following?

- | | | | | | |
|-------------------------|-----|----|-----------|-----|----|
| Topical Iodine/Betadine | yes | no | Lidocaine | yes | no |
|-------------------------|-----|----|-----------|-----|----|

Have you had and adverse reaction to Epinephrine? _____

4. Compression Stockings (minimum of 20mmhg) for three months or more **Yes** **No**

- If yes: How long? _____ Compression () Not known () 20-30 () 30-40 () 40+
- When was your prescription for compression socks filled? _____
- Who wrote your prescription for compression socks? _____
- Have you been wearing your compression socks on a daily basis? _____
- If yes, are they relieving your symptoms? _____
- If no, why did you discontinue wearing them? _____

5. Have symptoms caused you to repeatedly miss work, modify your duties or seek assistance with activities of daily living or normal house hold activities? (If any of the above, please mark yes)

() yes () no - If yes, please describe in question #6

6. Explain significant and specific functional impairment and/or limitations of activities of daily living: (i.e.: indoor/outdoor chores, meal preparation/occupational limitations...)

To the best of my knowledge, the above information is accurate and complete.

 (Patient Signature)

 (Date)